



OPENING PRAYER (from p139 of Carmel's Call)

All stand: *The Director leads with the Sign of the Cross.*

Director: Come, Holy Spirit...

All: ...Fill the hearts of your faithful, and kindle in them the fire of your love.

Director: Send forth your Spirit and they shall be created.

All: And you will renew the face of the earth.

Director: Let us pray.

After a brief pause for silent prayer, the Director continues:

Director: Lord...

All: ...By the light of the Holy Spirit, you have taught the hearts of your faithful. * In the same Spirit, help us to relish what is right and always rejoice in your consolation. * We ask this through Christ our Lord. Amen.



"I Am Filled With Zeal,
For God,
The King Of All Hosts"
1 Kings 19:14

Lay Carmelite Vocation Prayer

Our Lady of Mount Carmel,
we ask you to bring us all
your loved ones who yearn
for a closer union with God.

Help our Order to grow by
inspiring us to pray and reach
out to others, that we together
may work for God's Glory.

Hail Mary – 3 times

Before you begin...

- ✓ Confirm pages
- ✓ Assign sides
- ✓ Assign roles
- ✓ Announce Hymn
- ✓ Tell which verses

Prayer before the Office (Optional)

Lord, open my lips to praise your holy name. Cleanse my heart of any worthless, evil or distracting thoughts. Give me the wisdom and love necessary to pray this Liturgy of the Hours with attention, reverence and devotion. Father, let my prayer be heard in your presence, for it is offered through Christ our Lord. Amen.

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If the Invitatory is not said, go directly to the Introduction	
Invitatory	<p>LEADER ALL</p> <p>† Lord open my lips, <All make the sign of the cross on the lips> And my mouth will proclaim your praise</p>
Antiphon	<p>LEADER ALL</p> <p>Invitatory Antiphon Repeat the Invitatory Antiphon</p>
Invitatory	<p>LEADER ALL</p> <p>LEADER ALL</p> <p>LEADER ALL</p> <p><Read each verse of the psalm> Respond with the Invitatory Antiphon after each verse Glory to the Father, and to the Son, and to the Holy Spirit As it was in the beginning, is now, and will be for ever. Amen. (<i>Alleluia</i>)</p>
Antiphon	<p>ALL</p> <p>Repeat the Invitatory Antiphon</p>
Introduction	<p></p> <p>LEADER ALL</p> <p>LEADER ALL</p> <p>† God come to my assistance, <All make the sign of the cross > Lord, make haste to help me. Glory to the Father, and to the Son, and to the Holy Spirit As it was in the beginning, is now, and will be for ever. Amen. (<i>Alleluia</i>)</p>
Hymn	<p>ALL sing</p>
Antiphon 1	<p></p> <p>CANTOR 1 ALL</p> <p>Antiphon 1: First few words <brief pause> Complete the antiphon</p>

First Psalm	CANTOR 1 SIDE 1 SIDE 2	Read the first full line. Complete the first verse. Read the next verse. Continue alternating Side 1 and Side 2 - Close with the Glory To
Psalm-Prayer	LEADER	Read the Psalm-Prayer
Antiphon 1	CANTOR 1 ALL	Antiphon 1: First few words <brief pause> Complete the antiphon
Antiphon 2	CANTOR 2 ALL	Antiphon 2: First few words <brief pause> Complete the antiphon
Old Testament Canticle	CANTOR 2 SIDE 2 SIDE 1	Read the first full line. Complete the first verse. Read the next verse. Continue alternating Side 2 and Side 1 - Close with the Glory To
Antiphon 2	CANTOR 2 ALL	Antiphon 2: First few words <brief pause> Complete the antiphon
Antiphon 3	CANTOR 1 ALL	Antiphon 3: First few words <brief pause> Complete the antiphon
Third Psalm	CANTOR 1	Read the first full line.

		SIDE 1 SIDE 2	Complete the first verse. Read the next verse. Continue alternating Side 1 and Side 2 - Close with the Glory To
Psalm-Prayer		LEADER	Read the Psalm-Prayer
Antiphon 3		CANTOR 1 ALL	Antiphon 3: First few words <brief pause> Complete the antiphon
Short Reading from Scripture		READER	Read the Scripture Reading <Pause>
Responsory		READER ALL	Read the Responsory Respond as indicated
Antiphon ~ Morning: Canticle of Zechariah – Evening: Canticle of Mary			
		LEADER ALL	First few words <pause> Complete the antiphon
Morning: Benedictus		CANTOR 1 SIDE 1 SIDE 2	† Read the first line of the Canticle. Complete the first verse. Read the next verse.
Evening: Magnificat			Continue alternating Side 1 and Side 2 - Close with the Glory To

Antiphon ~ Morning: Canticle of Zechariah – Evening: Canticle of Mary	
	LEADER ALL First few words <pause> Complete the antiphon
Intercessory Prayers	LEADER ALL READER ALL Read the introductory prayer. Respond with the ‘Response’ Read the Intercessory Prayers and at the end invite the community to offer their own intentions if time permits. Respond with the text after the ‘dash’ (the ‘response’ is not repeated)
The Lord’s Prayer	LEADER ALL Gathering all our prayers, especially those in the depths of our heart, and Thanksgiving into one, let us offer the prayer Jesus himself taught us. Our Father, Who art in heaven ...
Closing Prayer	LEADER Read the Closing Prayer
Blessing	LEADER ALL May the Lord bless us † protect us from all evil and bring us to everlasting life. Amen.
Closing Hymn	Close with a Marian Hymn, e.g. Salve Regina or Flos Carmeli

The Four Phases of Lectio Divina

Lectio - Reading

“...we read the Word of God, slowly and reflectively so that it sinks into us.”

Meditatio - Reflection

“...we think about the text we have chosen and ruminate upon it so that we take from it what God wants to give us.”

Oratio - Prayer Response

“...we leave our thinking aside and simply let our hearts speak to God. This response is inspired by our reflection on the Word of God”

Contemplatio - Contemplation

“...we let go not only of our own ideas, plans and meditations but also of our holy words and thoughts. We simply rest in the Word of God. We listen at the deepest level of our being to God who speaks within us with a still small voice. As we listen, we are gradually transformed from within.”

Quotes from <http://ocarm.org/en/content/lectio/what-lectio-divina>

Lectio Divina in Community

1. Word/phrase
2. Gospel meaning
3. Personal meaning
4. Silence

Act of Consecration to Our Lady of Mount Carmel

O Mary, Queen and Mother of Carmel, I come today to consecrate myself entirely to you. To you as the Mother of Grace, I owe all that I have, and my whole life is but a very small return for the many graces and blessings that have come from God to me through your hands. Since you regard with an eye of special kindness those who wear your Scapular, I implore you to strengthen my weakness with your power, to enlighten the darkness of my mind with your wisdom, to increase in me faith, hope and charity, that I may render, day by day, my debt of humble homage to you.

May your Scapular keep your eyes of mercy turned toward me always, and bring me your special protection in the daily struggle to be faithful to your Divine Son and to you. May it separate me from all that is sinful in life and remind me constantly of my duty to behold you and clothe myself with your virtues. From henceforth I shall strive to live in the sweet companionship of your spirit, to offer all to Jesus through you and to make my life the mirror of your humility, charity, patience, meekness and prayerfulness.

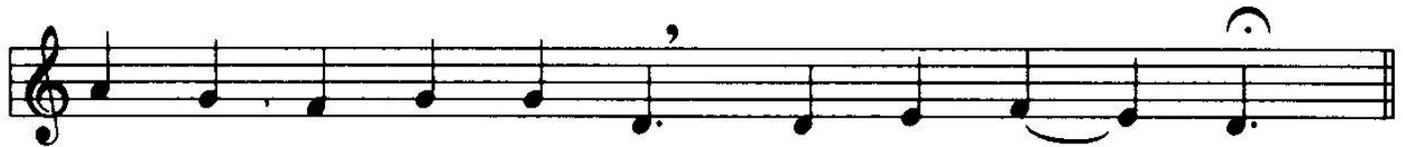
O dearest Mother, support me by your never-failing love so that I, an unworthy sinner, may come one day to exchange your Scapular for the wedding garment of heaven and dwell with you and the saints of Carmel in the kingdom of your Son. Amen.

Flos Carmeli

(Primary Melody)



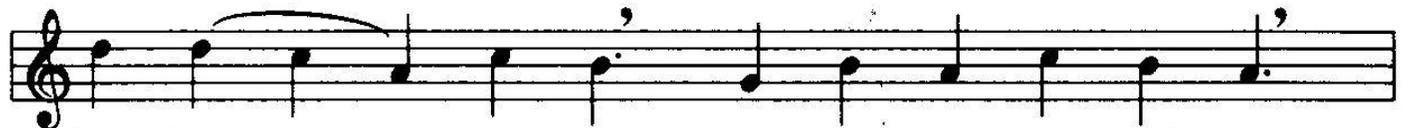
Flos Car - me - li, Vi - tis flo - ri - ge - ra, Splen - dor coe - li,



Vir - go pu - er - pe - ra Sin - gu - la - ris.



Ma - ter mi - tis, sed vi - ri - ne - sci - a,



Car - me - li - tis es - to pro - pi - ti - a



Stel - la Ma - ris. (Al - le - lu - ia.)



CLOSING PRAYER (from p141 of Carmel's Call)

All stand: The Director leads with the Sign of the Cross.

Director: Praised be Jesus Christ!

All: Now and forever. Amen.

Then follows the "Flos Carmeli"

Director: O beautiful Flower of Carmel...

All: ...Most fruitful vine, * Splendor of heaven, * Holy and Singular, * Who brought forth the Son of God * Still ever remaining a pure Virgin, * Assist us in our necessities. * O Star of the Sea, Help and protect us. * Show us that you are our Mother.

Director: Hope of all Carmelites.

All: Pray for Us.